

# PRODUCT CATALOG 2023

www.transparentlabs.com

# **ABOUT TRANSPARENT LABS PRODUCTS**

At Transparent Labs, we strive to live up to our name. With our supplements, you'll always find 100% formula transparency, with included science-based ingredients at clinically effective dosages. We hold ourselves to the highest standard of quality and integrity, and have committed to NEVER using artificial sweeteners, food dyes, or harmful additives.







NO ARTIFICIAL SWEETNERS



NO ARTIFICIAL ADDITIVES OR COLORING



SCIENCE-BACKED FORMULAS



**3RD-PARTY TESTED** 

# **PRODUCT CATEGORIES**







**STRENGTHSERIES** 



**PROTEINSERIES** 



**CORE**SERIES







**PHYSIQUESERIES** 



**MIND**SERIES

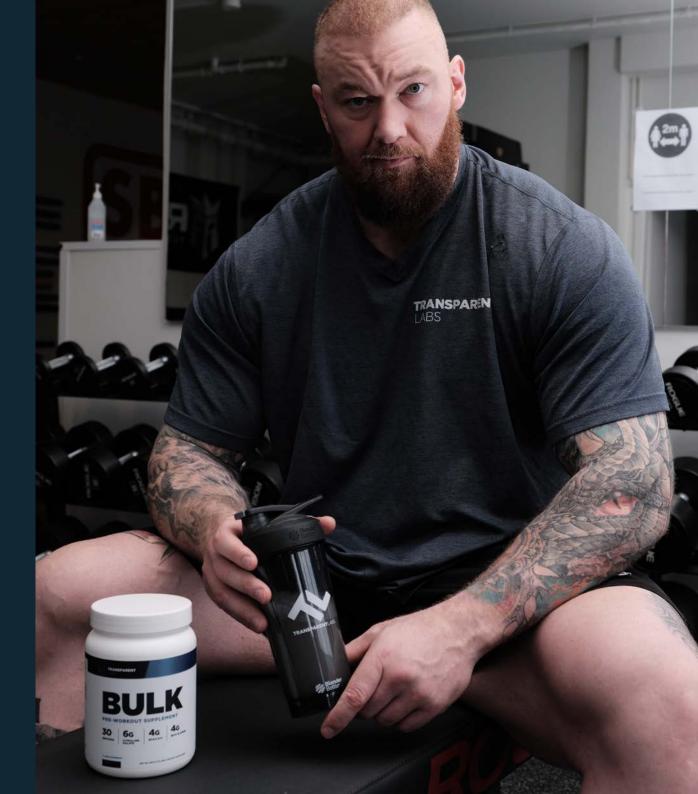


**GUTHEALTH**SERIES



**RAW**SERIES

# **PRE**SERIES



#### **BULK PRE-WORKOUT**

PreSeries BULK was developed to be the best "bulking" pre-workout supplement available. The key ingredients, all backed by published scientific research, are included at clinically effective dosages and contain zero colored dyes, zero artificial sweeteners or flavors, and zero harmful additives.

With 100% formula transparency and a potent Testosterone Support complex (vitamin D3, boron, and zinc), PreSeries BULK is most effective for serious athletes and bodybuilders looking to gain size and increase muscle mass.

Each serving exceeds 21 grams and includes 19 active ingredients that are designed to increase nitric oxide ("pump") and focus while working out, reduce fatigue and muscle soreness, all while enhancing overall physical performance.

Supplemen	trac	515
Serving Size: 1 Scoop (21.1g) Servings Per Container: 30		
Amount Per Serving		% DVs
Calories	5	
Total Carbohydrate1	g<	1%
Vitamin B <sub>6</sub> (as Pyridoxal-5-Phosphatel)	5mg	294%
Vitamin B <sub>12</sub> (as Methylcobalamin)	100mcg	4167%
Zinc (as Zinc Chelate)	10mg	91%
Sodium (as Himalayan Rock Salt)	180mg8	%
Potassium (as Potassium Chloride)	125mg3	%
Citrulline Malate 2:1	8,000mg	,
Beta-Alanine	4,000mg	
Betaine Anhydrous (BetaPure™)2	,500mg	,
Taurine	1,300mg	,
L-Tyrosine	1,000mg	,
AlphaSize® 50% Alpha-Glyceryl Phosphoryl Choline (Alpha-GPC)	300mg	,
L-Theanine	200mg	,
PurCaf® Organic Caffeine (from Green Coffee bean)	200mg	*
Theobromine	50mg	,
Senactiv® (Panax notoginseng, Rosa roxburghii)	50mg	•
Bioperine® (Black Pepper Extract) (Piper nigrum) (fruit) (95% Piperine)	5mg	,
Boron (as Boron Citrate)	3mg	

Other Ingredients: Natural Flavors (647mg), Stevia Extract (450mg) Calcium Silicate (387mg), Silicon Dioxide (386mg), Tartaric Acid (265mg), Beet Root Powder (For Color) (150mg), Grape (Fruit) Powder (For Color) (40mg)

#### **FLAVORS INCLUDE:**

Strawberry Kiwi

· Pina Colada

Blue Raspberry

Black Cherry

Peach Mango

Tropical Punch

· Sour Grape

Watermelon

· Watermelon Peach

· Cherry Splash

**TRANSPARENT** BULK PRE-WORKOUT SUPPLEMENT 30 SERVINGS CITRULLINE BETAINE BETA-ALANINE MALATE // BLACK CHERRY NET WT. 633G (1.39 LBS) | DIETARY SUPPLEMENT

**NOTE: PreSeries BULK contains fermented vegan** BCAAs and is a vegan friendly product.

PRESERIES \$54.99 MSRP

#### **BULK BLACK**

PreSeries BULK BLACK is the epitome of a hard-hitting, clinically dosed pre-workout. With 100% formula transparency, proven nitric oxide boosters, hard-hitting nootropics, natural testosterone-supporting ingredients, and muscle fortifiers, this pre-workout powder goes above and beyond to meet the demands of dedicated athletes, gym-goers, and bodybuilders. Each scoop of BULK BLACK packs over 17 grams of active ingredients dosed according to clinical research and scientific evidence so you can bring the noise every time you enter the trenches. Experience intense muscle pumps, improved strength, lasting endurance, and a psychotropic rush that lifts your mood, focus, and drive for hours on end without jitters or the dreaded post-workout crash.

Like all of our pre-workout formulas, BULK BLACK contains absolutely no artificial sweeteners, flavors, food dyes, or added sugars. This is as "clean" as a clean pre-workout gets.

Supplemen	t Fac	atc
Supplemen	и га	515
Serving Size: 1 Scoop (21.2g) Servings Per Container: 30		
Amount Per Serving		% DV§
Vitamin D (as Cholecalciferol)	75mcg	375%
Vitamin B6 (as Pyridoxine HCI)5	mg	294%
Vitamin B12 (as Methylcobalamin)	250mcg	10417%
Sodium (as Sodium Chloride)	150mg7	%
Potassium (as Potassium Chloride)	100mg2	%
Citrulline Malate 2:1	8,000mg	*
Beta-Alanine	4,000mg	*
Betaine Anhydrous (BetaPure™)	2,500mg	*
Taurine1	,300mg	*
L-Tyrosine	1,000mg	*
AlphaSize® 50% Alpha-Glyceryl Phosphoryl Choline (Alpha-GPC)	300mg	*
Caffeine Anhydrous	275mg	*
L-Theanine	200mg	*
Theobromine	50mg	*
Astragin™ [Astragalus membranaceous Panax notoginseng (root)]	s (root), 50mg	*
Infinergy™ (DiCaffeine Malate)	30mg	,
Boron (as Boron Citrate)3	mg	
§ Percent Daily Values (%DV) are base * Daily Value not established.	d on a 2,000 calc	rie diet

Other ingredients: Natural Flavors, Calcium Silicate, Silicon Dioxide, Stevia Extract, Tartaric Acid, Beet Root Powder (for color), Grape (fruit) Powder (for color).

#### **FLAVORS INCLUDE:**

- Cherry Kiwi
- · Blue Raspberry,
- Peach Mago
- Sour Gummy
- Black Cherry



NOTE: PreSeries BULK contains fermented vegan BCAAs and is a vegan friendly product.

#### **LEAN PRE-WORKOUT**

PreSeries LEAN was developed for a single purpose - to be the most exceptional "cutting" pre-workout supplement available for men and women alike. The key ingredients, citrulline malate, beta-alanine, betaine, and branched-chain amino acids (to name a few), are all included at clinically effective dosages and contain zero colored dyes, unnecessary fillers, or harmful additives.

With 100% formula transparency and a potent Fat Burning and Thyroid Support complex, which includes Chromium Picolinate and Zinc, PreSeries LEAN is most effective for those looking to target stubborn fat, while simultaneously focusing on preventing lean muscle loss.

Each serving exceeds 15 grams and includes 21 active ingredients synergistically designed to provide a high-intensity pre-workout experience, while focusing systematically on fat loss and additional energy expenditure.

Supplement   Serving Size: 1 Scoop (13.8g) Servings Per Container: 30		_
Amount Per Serving		% DV*
Calories	5	
Total Carbohydrate	1g	<1%
Zinc (as Zinc Amino Acid Chelate)	15 mg	136%
Copper (as Copper Amino Acid Chelate)	1 mg	111%
Iodine (as Iodine Chelate)	225 mcg	150%
Chromium (as Chromax® (Chromium Picolinate))	200 mcg	571%
Selenium (as L-Selenomethionine)	55 mcg	100%
Citrulline Malate 2:1	6,000 mg	**
Beta-Alanine	2,000 mg	**
Betaine Anhydrous (as BetaPure™)	1,500 m	ng **
Acetyl L-Carnitine HCI	1,000 m	ng **
Choline Birtartrate	500 m	ng **
L-Theanine	180 m	ng **
PurCaf® Organic Caffeine (from Green Coffee Be	ean) 180 m	ng **
Theobromine	50 m	ng **
Bioperine® (Black Pepper (Fruit) Extract)	5 m	ng **
Huperzine A	100 mc	og **

Other Ingredients: Natural Flavors (975mg), Stevia Extract (450mg), Calcium Silicate (305mg), Silicon Dioxide (305mg), Fruit Juice (For Color) (30mg)

#### **FLAVORS INCLUDE:**

- Strawberry Lemonade
- Sour Grape
- Fruit Punch
- · Sour Peach

- Blue Raspberry
- · Green Apple
- Orange
- Tropical Punch



NOTE: PreSeries LEAN contains fermented vegan BCAAs and is, as a whole, a vegan friendly product.

# **STIM-BOOSTER**

PreSeries Stim-Booster can be added to any Transparent Labs Pre Workout for an added kick.

Transparent Labs Stim-Booster is designed for those who need that extra "kick" before they hit the gym, and athletes who want a quick shot of energy before taking the playing field.

Our bread-and-butter pre-workout formula works synergistically to augment nitric oxide (NO) production, enhance blood flow to skeletal muscle tissue, increase focus and alertness, elevate energy, and boost motivation so you can perform your best in the trenches. With 60 servings per bottle, this is one of the best values on the market for preworkout energy.

# **Supplement Facts**

Serving size: 1 Scoop (3.1g) Servings Per Container: 30

Amount Per Serving		% DV
L-Tyrosine	1000 mg	*
nooLVL® (Inositol-Enhanced Bonded Arginine Silicate)	800 mg	*
Taurine	500 mg	*
AlphaSize® Alpha GPC 50%	300 mg	*
PurCaf® Organic Caffeine (from Green Coffee Bean)	100 mg	*
*Daily Value (DV) not established		

Other Ingredients: Calcium Silicate, Silicon Dioxide.



# **STIM-FREE PRE-WORKOUT**

PreSeries STIM-FREE was developed to be the most exceptional "stimulant-free" pre-workout supplement available. With 100% formula transparency PreSeries STIM-FREE is recommended for serious athletes and bodybuilders (men and women) who demand a high-intensity pre-workout experience.

Each serving exceeds 23 grams per scoop (largest of the entire PreSeries) and includes 13 active ingredients designed to increase nitric oxide to the muscles, enhance focus and endurance, and gain lean muscle mass.

# **Supplement Facts**

Serving Size: 1 Scoop (20.2g) Servings Per Container: 30

\*\* Daily Value not established.

Amount Per Serving		% DV*
Total Carbohydrates	1g	<1%
Sodium (as sodium chloride)	150mg	7%
Potassium (as potassoim chloride)	100mg	2%
Citrulline Malate 2:1	8,000mg	**
Beta-Alanine	4,000mg	**
Betaine Anhydrous (as BetaPure™)	2,500mg	**
Taurine	1,300mg	**
Fermented L-Tyrosine	1,000mg	**
elevATP® Ancient Peat and Apple Fruit Ext	ract 150mg	**
Senactiv® (Panax notoginseng, Rosa roxbu	rghii) 50mg	**
BioPerine® (Black Pepper (Fruit) Extract)(95% Piperin	5mg ne)	**
Huperzine A	50mcg	**

Other ingredients: Natural flavors (1,037mg), stevia (480mg), calcium silicate (310mg), silicon dioxide (310mg), grape (fruit) powder (for color) (40mg).

- · Cherry Limeade
- Sour Grape
- Blue Raspberry
- Orange

- · Peach Mango
- Strawberry Lemonade
- Tropical Punch



#### **PRE**SERIES

#### **PUMP**

Transparent Labs Pump is a delicious stimulant-free pre-workout formula containing clinical doses of vasodilating and cell-volumizing nutrients, including L-citrulline, NO3-T® arginine nitrate, BetaPure™ betaine, Setria® reduced L-glutathione, BioFolate®, AstraGin™, and vitamin C. Fuel your training with proven ergogenic ingredients that bolster nitric oxide production, hydrate muscle cells, and enhance blood flow for hours on end. No junk, fillers, or nonsense – just premium, evidence-based, clean ingredients that deliver every time you hit the gym.

# **Supplement Facts**

Serving size: 1 Scoop (19.8g) Servings Per Container: 30

Amount P	er Serving	% DV
Sodium (as Sodium Citrate, Himalayan Rock Salt)	350 mg	15%
Vitamin C (as Ascorbic Acid)	250 mg	278%
Potassium (as Potassium Chloride)	100 mg	2%
Folate (as BioFolate® Calcium 40 5-Methyltetrahydrofolate)	0 mcg DFE	100%
L-Citrulline	8000 mg	,
Arginine Nitrate (as NO3-T®)	2500 mg	1
Betaine Anhydrous (as BetaPure™)	2500 mg	1
L-Tyrosine	500 mg	1
L-Glutathione (as Setria®)	250 mg	,
Astragin™ (Astragalus membranaceou Root, Panax Notoginseng Root)	s 50 mg	,
*Daily Value (DV) not established		

Other Ingredients: Citric Acid, Natural Flavors, Silicon Dioxide, Calcium Silicate, Stevia Extract, Beet Root Powder (for color).

- Blue Raspberry
- $\cdot \, \mathsf{Strawberry} \, \mathsf{Lemonade} \,$





# **VITALITY**

Transparent Labs Vitality is an innovative 3-in-1 natural hormone optimizing supplement that boosts bioactive testosterone levels while controlling estrogen and cortisol production.

Set the foundation for lean muscle gains, fat burning, strength, libido, confidence, and overall vitality with clinical doses of proven ingredients, such as:

- LJ100® Eurycoma longifolia extract
- KSM-66® organic ashwagandha extract
- PrimaVie® shilajit extract
- L-OptiZinc®
- BioPerine®

These premium ingredients work synergistically to protect Leydig cells which, in turn, primes the body for optimal well-being and athletic performance by encouraging balanced ratios of testosterone to cortisol and testosterone to estradiol.

Supplement F Serving Size 2 Capsules Servings Per Container 30	ас	ts
Amount Per Serving		%DV
Zinc (as L-OptiZinc® (L-Methionine))	15 mg	136%
Organic Ashwagandha Extract (as KSM-66®) Shilajit Extract (as PrimaVie®)	600 mg 250 mg	†
Quercetin Dihydrate	250 mg	+
DIM (Diindolylmethane) LJ100® (Standardized Eurycoma longifolia extract)	125 mg 100 mg	<u>†</u>
Bioperine® (Black Pepper (Fruit) Extract)	10 mg	÷
Boron (as Bororganic Glycine)	5 mg	†
† Daily Value (DV) not established		



# **BUILD - 60SV**

We formulated Transparent Labs Muscle Builder with three scientifically backed ingredients in clinical doses:

- PeakO2™
- ElevATP®
- HICA (hydroxy-isocaproic acid)

These three ingredients have been shown in multiple human studies to increase muscle hypertrophy, ATP production, blood flow, oxygen uptake, and endurance in as little as one week.

By promoting greater muscle anabolism, improving recovery from exercise, and enhancing skeletal muscle metabolism, PeakO2™ and ElevATP® create a revolutionary synergy that can help athletes, gym-goers, and bodybuilders achieve peak performance, day in and day out. Best of all, Transparent Labs Muscle Builder is naturally flavored, sweetened with stevia, and contains absolutely no artificial food coloring, fillers, GMOs, or allergens.

60 servings per container Serving size 1 Scoop (5.8g)		
Amount per serving	% Daily \	Value*
Calories	15	
Total Carbohydrate	2 g	1%*
PeakO2™ Cordyceps (Cordyceps militaris), Reishi	2000 mg	
(Ganoderma lucidum), King Trumpet (Pleurotus eryngii), Shiitake (Lentinula edodes), Lion's Mane (Hericium erinace Turkey Tail (Trametes versicolor)	us),	
(Pleurotus eryngii), Shiitake (Lentinula edodes), Lion's Mane (Hericium erinace Turkey Tail (Trametes versicolor)	us), 150 mg	**
(Pleurotus eryngii), Shiitake (Lentinula edodes), Lion's Mane (Hericium erinace		**
(Pleurotus eryngii), Shiitake (Lentinula edodes), Lion's Mane (Hericium erinace Turkey Tail (Trametes versicolor) Epicatechin (From Green Tea)	150 mg	

Other Ingredients: Citric Acid (1,310mg), Malic Acid (1,000mg), Natural Flavors (350mg), Stevia Extract (220mg), Calcium Silicate (200mg), Silicon Dioxide (200mg), Beet Root (for color) (100mg).

- \* Peach Mango
- Fruit Punch



30 SRV \$49.99 MSRP 60 SRV \$89.99 MSRP

# **CREATINE HMB**

StrengthSeries Creatine HMB includes ingredients at clinically effective dosages and contains zero artificial sweeteners, colored dyes, unnecessary fillers, or harmful additives.

When combined, Creapure® (creatine monohydrate) and HMB have been shown to enhance strength, increase endurance, decrease fat mass, and prevent lean muscle loss. The added BioPerine® increases bioavailability and absorption.

Available in 30 SRV or 60 SRV.

#### **Supplement Facts** Serving Size: 1 Scoop (9.5g) Servings Per Container: 30 **Amount Per Serving** % DV+ 15mcg (600IU) 75% Vitamin D Creatine Monohydrate 5.000ma β-Hydroxy β-Methylbutyrate (HMB) 1,500mg (as patented myHMB® calcium β-Hydroxy β-Methylbutyrate monohydrate) BioPerine®(Black Pepper Extract) (95% Piperine) † Percent Daily Value (DV) is based on a 2,000 calorie diet. \* Daily Value not established.

Other Ingredients: Citric Acid (910mg), Malic Acid (835mg), Natural Flavors (400mg), Stevia Extract (290mg), Beet Root Powder (For Color) (180mg).

- Blue Raspberry
- Unflavored
- · Sour Grape
- Tropical Punch
- Fruit Punch
- Watermelon

- Black Cherry
- Orange
- Hawaiian Splash
- Peach Mango
- Strawberry Lemonade



# **CARB POWDER**

Strength Series Carb Powder is the evolution of carbohydrate supplements, featuring 25 g of patented Cluster Dextrin® (highly branched cyclic dextrin) in every serving. This is not your traditional glucose-loaded sports beverage that leaves your stomach in knots. In contrast to low molecular weight carbohydrates like dextrose, Cluster Dextrin® is a novel highly branched, high-molecular-weight carbohydrate derived from amylopectin. The unique chemical characteristics of Cluster Dextrin® allow it to be rapidly absorbed into the intestines instead of spiking your insulin levels and wreaking havoc on your stomach.

We also recommend using TL Carb Powder immediately before training for fueling your workouts and augmenting athletic performance; after training, consume TL Carb Powder in conjunction with TL Protein Powder to ignite the recovery process and pack on lean muscle mass.

Supplement	<b>Facts</b>
Serving Size 1 Scoop (25g) Servings Per Container 30	
Amount Per Serving	%DV*
Calories	100
Total Carbohydrate	24 g 9%
Cluster Dextrin®	25 g †
* Percent Daily Values (DV) are based on † Daily Value (DV) not established	a 2000 calorie diet

**FLAVORS INCLUDE:** 

Unflavored

**TRANSPARENT** CARB **CLEAN PERFORMANCE FUEL 25**<sub>G</sub> 100 SERVINGS CALORIES CLUSTER DEXTRIN\* NET WT. 750G (1.65LBS) | DIETARY SUPPLEMENT

Other ingredients: None.

#### **ZMO**

Transparent Labs is the first nutrition brand to make a highly bioavailable Zinc and Magnesium supplement, ZMO.

Zinc and Magnesium are the ultimate go-to solution for athletes that over-train and push the limits of their physiques at a competitive level. These two minerals are responsible for thousands of intricate enzymatic processes, and proper dietary intake is essential for optimal health.

Standing for Zinc, Magnesium, Oyster - each serving of ZMO contains active and accessible Zinc, Magnesium, and trace-mineral rich Oyster Extract!

To be specific, we are proud to disclose the exact forms we use:

- Zinc Picolinate
- Magnesium Bisglycinate
- Oyster Meat Powder

ZMO is the true solution to nighttime muscle recovery and sleep support, vastly out-performing cheap and industrial oxide and aspartate supplements riddled across the supplement industry.

Supplement Serving Size: 2 Capsules Servings Per Container: 30	Fac	cts
Amount Per Serving		% DV
Magnesium (as Magnesium Glycinate Chelate Buffered)	144mg	34%
Zinc (as Zinc Picolinate)	10mg	91%
Oyster Meat Powder	500mg	*
* Daily Value not established		

**TRANSPARENT** 60 LABS 144mg - Magnesium Bisglycinate Optimized Bioavailability 500mg - Oyster Meat **DIETARY SUPPLEMENT** 

Other Ingredients: Veggie Capsule, Magnesium Stearate

# **GROWTH**

GROWTH is an advanced anabolic catalyst featuring a clinically effective dose of Mediator® phosphatidic acid in every serving. This formula is designed to amplify muscle growth and bolster athletic performance by dynamically targeting intracellular and intercellular signaling pathways that govern muscular adaptations. And since Mediator® phosphatidic acid is a stimulant-free formula, you can stack it with your favorite pre-workout and post-workout supplements for additional performance benefits.

#### **GROWTH FORMULA**

# Supplement Facts Serving Size 3 Capsules Servings Per Container 30 Amount per serving Mediator® 1500mg\* (yielding 750 mg Phosphatidic Acid) \*Daily Value not established.

Other Ingredients: Microcystalline Cellulose, Hypromellose (HPMC) Capsule, Vegetable Magnesium Stearate.



# **NITRIC OXIDE**

Who doesn't love a good pump when pushing themselves through a tough workout? Feeling the rush of blood that fills up your muscles is intensely gratifying, and our Nitric Oxide capsules are formulated to help achieve peak muscle pumps every time you hit the gym. This stimulant-free vasodilating formula contains clinical doses of hyperemic ingredients, including patented NO3- T® arginine nitrate and betaine nitrate, Setria® reduced L-glutathione, AstraGin™, pine bark proanthocyanidins, and vitamin C. These ingredients go to work rapidly to bolster nitric oxide production and facilitate robust blood flow to skeletal muscle tissue during training, ultimately enhancing performance and recovery.

# **Supplement Facts**

Serving Size 4 Capsules

Servings Per Container 3	0	
	Amount per serving	%DV§
Vitamin C	200 mg	222%
Arginine Nitrate(NO3-T®)	1250 mg	*
Betaine Nitrate (NO3-T®)	1000 mg	*
L-Glutathione Reduced (S	Setria®) 250 mg	*
Pine Bark Extract (95% Proanthocyanidins UV)	200 mg	*
Astragin™ (Astragalus membranaceous Root, Panax Notoginseng Root	50 mg	*
*Daily Value not established.  § Percent Daily Value (%DV) are	hased on a 2 000 calo	rie diet

Other Ingredients: Hypromellose (HPMC) Capsule, Vegetable Magnesium Stearate, Rice Flour.



**PROTEIN**SERIES



# **PROTEIN BAR**

Get a clean and tasty source of energy and recovery with Protein+ Bars!

Traditional protein/energy bars neglect the key macronutrients needed to fuel and recover. Protein+ provides these with real food ingredients.

Get 15 grams of grass-fed protein, 23 grams of whole food carbs, and 16 grams of healthy fats without any artificial fillers

Nutrition Fac	
Serving size: 1Bar (60g)	
Amount Per Serving Calories	280
Amount Per Serving	% Daily Value*
Total Fat 16g	21%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol Omg	0%
Sodium 280mg	12 %
Total Carbohydrate 23g	8%
Dietary Fiber 3g	11%
Total Sugars 10g	
Includes 5g Added Sugars	10%
Protein 15g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 0.5mg	2%
Potassium 110mg	2%

INGREDIENTS: PEANUT BUTTER, DAIRY FREE CHOCOLATE CHIPS, GRASS-FED WHEY PROTEIN ISOLATE, DATES, TAPIOCA SYRUP, HONEY, EGG WHITE PROTEIN, GLUTEN FREE ROLLED OATS, COCONUT OIL, SEA SALT

**ALLERGY WARNING:** CONTAINS PEANUTS, MILK, EGG. MANUFACTURED IN A FACILITY THAT PROCESSES PEANUTS, MILK, TREE NUTS, EGG.

MAY CONTAIN SHELL AND/OR PIT FRAGMENTS.



#### **FLAVORS INCLUDE:**

Peanut Butter Chocolate Chip

# **100% GRASS-FED WHEY PROTEIN ISOLATE**

100% Grass-Fed Whey Protein Isolate is sourced from grass fed American Cows! It contains one of the industry's highest protein-by-weight ratios at 88% (28 grams of protein per 32 gram scoop).

Made from naturally fed, hormone-free cow whey and clean of artificial sweeteners, food dyes, gluten, and preservatives, Transparent Labs 100% Grass-Fed Whey Protein Isolate is one of the cleanest proteins on the market. It's perfect for post-workout recovery and hitting daily protein goals.

Whether you are trying to build muscle or lose weight, protein is an essential component and tool for success.

Nutrition 30 servings per container	i racis
Serving size	1 Scoop (37g
Amount Per Serving	1.10
Calories	140
	% Daily Value
Total Fat 1g	19
Saturated Fat 0g	09
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 260mg	1 19
Total Carbohydrate 3g	19
Dietary Fiber 1g	49
Total Sugars 1g	
Includes 1g Added Sugars	29
Protein 28g	
Vitamin D 0mcg0	9
Calcium 100mg	80
Iron 1mg6	9
Potassium 158mg4	9
otacolarii rooniga	

Ingredients: Grass-Fed Whey Protein Isolate (31.11g), Peanut Flour (3g), Cocoa Powder (1.5g), Natural Chocolate Flavor (945mg), Sodium Chloride (324mg) Stevia Extract (120mg)

Contains: Milk Peanu t



- Milk Chocolate
- · Vanilla Oatmeal Cookie
- French Vanilla
- Peanut Butter
- · Dark Chocolate
- · Chocolate Peanut Butter · Cinnamon French Toast
- · Oatmeal Chocolate Chip Cookie
- Uflavoured
- Strawberry
- · Vanilla Peanut Butter
- Mocha Latte



- \*Available in 2lbs tub
- \*Milk Chocolate and Vanilla available in 4lb tub

# **MASS GAINER**

MASS GAINER offers one of the purest and most effective muscle-building and weight-gaining formulas available.

Packed with everything you need to increase your lean muscle mass, MASS GAINER provides:

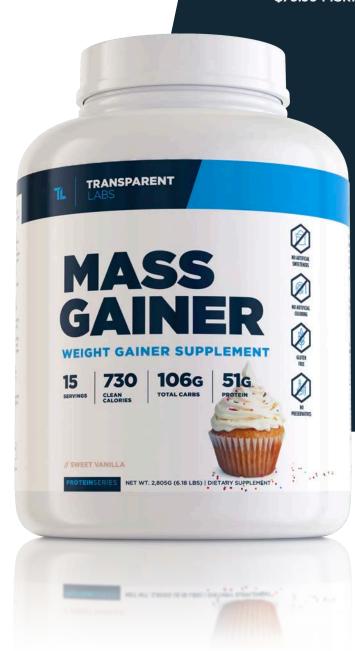
- 53 grams of protein (derived from 100% Grass-Fed Whey Concentrate)
- 750 calories
- 109 grams of clean, natural, and effective carbohydrate sources per serving

If you've been looking for the perfect meal replacement and/or weight gainer protein shake to supplement your workout and nutrition regimens, MASS GAINER is the perfect solution.

15 servings per con	
Serving size	2 Scoops (196.76g)
Amount Per Serving	
Calories	790
	% Daily Value
Total Fat 14g	18%
Saturated Fat 11g	55%
Trans Fat 0g	
Cholesterol 145mg	48%
Sodium 610mg	30%
<b>Total Carbohydrate</b>	114g <b>41</b> %
Dietary Fiber 6g	21%
Total Sugars 17g	
Includes 0g Added Su	gars 0%
Protein 53g	
Vitamin D 0mcg	0%
Calcium 340mg	30%
Iron Omg	0%
Potassium 420mg	10%

Ingredients: Organic Tapioca Maltodextrin (100g), NZ Whey Concentrate (62.5g), Coconut Milk Powder (6.65g), Natural Chocolate Flavor (6.3g), Cocoa (6g), Medium Chain Triglycerides (MCT) (5.71g), VitaFiber® (3g), Creatine Monohydrate (3g), Sodium Chloride (1.2g), Oat Flour (1g), Sweet Potato Powder (1g), Stevia (200mg), Monk Fruit (200mg)

- Sweet Vanilla
- · Chocolate Glaze



#### \$59.99 MSRP

# 100% GRASS-FED CASEIN PROTEIN

Transparent Labs Grass-Fed Casein is made with pure micellar casein derived from grass-fed cattle. This is the industry's cleanest casein protein powder, providing a sustained-release profile of essential amino acids to keep you anabolic and anti-catabolic for up to 8 hours. Grass-fed casein is also an exceptional source of both calcium and phosphorus.

Our Grass-fed Casein is a great option for a nighttime protein powder to support muscle growth and recovery during sleep. Our grass-fed casein protein is also gentle on the stomach and tastes delicious!

30 servings per contain	or
30 servings per containe Serving size 1 So	coop (35g
Octaing Size 1 of	gee) doos
Amount per serving	
Calories	120
%	Daily Value
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 300mg	13%
Total Carbohydrate 4g	1%
Dietary Fiber 1g	4%
Total Sugars 3g	
Includes 0g Added Sugar	rs 0%
Protein 25g	
Vitamin D 0mcg	0%
Calcium 727mg	60%
Iron 1mg	6%
Potassium 89mg	2%

#### **FLAVORS INCLUDE:**

· Chocolate



# ORGANIC VEGAN -RICE & PEA PROTEIN

Not only is this protein 100% vegan and free of artificial flavoring and sweeteners, but it is also USDA Organic Certified.

ProteinSeries Organic Vegan has a protein base of 2:1 rice to pea protein ratio. This creates a smooth and reduced grit texture that is not only delicious but easy on the digestive system. In addition to packing a heavy protein punch (at 24 grams), Organic Vegan also contains a whopping 4 grams of fiber per serving (perhaps one of the most understated components of a plant-based protein).

Vegan protein is not just for people adhering to a vegan diet, but is a powerful source of protein and fiber for anyone who is focused on total health optimization.

<b>Facts</b>
1 Scoop (37g)
150
% Daily Value
3%
5%
0%
15%
3%
14%
0%
0%
29
30%
09

- · French Vanilla
- Chocolate



**PROTEIN**SERIES

\$34.99 MSRP

# **COLLAGEN HYDROLYSATE**

It is well understood that as we age, our body's natural production of collagen decreases. This leads to wrinkles, sagging skin, sore ligaments, and overall visible signs of aging.

Transparent Labs Hydrolyzed collagen has been found to deliver bio-active peptides to the skin and connective tissues. Supplementing with hydrolyzed collagen can deliver visible reductions in skin wrinkles and sagging, as well as a reduction in sore ligaments and overall signs of aging.

Supplement	rac	CLS
Serving Size: 1 Scoop (13.75g) Servings Per Container: 30		
Amount Per Serving		% DV
Calories	45	
Total Carbohydrate	2g	19
Total Sugars	1g	*
Includes 1g Added Sugars		2%
Protein	10g	
Iron	1mg	69
Sodium	35mg	29
Hydrolyzed Bovine Collagen (Grass-Fed)	11g	*

Other Ingredients: Natural flavors (1,435mg), cocoa powder (1,220mg), stevia (90mg)

\* Percent Daily Values (DV) are based on a 2,000 calorie diet,

\*\* Daily Value not established.

- · Milk Chocolate
- Unflavoured





# **INTRA WORKOUT**

CoreSeries INTRA Workout is a premium essential amino acid (EAA) supplement designed to ignite muscle protein synthesis (MPS), protect against muscle tissue catabolism, boost energy, enhance hydration, and increase nitric oxide production so you can perform at peak capacity for hours on end.

TL INTRA is rounded out with chelated electrolytes, coconut water powder, citrulline malate, taurine, and L-tyrosine to help volumize muscle cells, maintain hydration status, support blood flow, and sustain focus while you train. Best of all, each serving of TL Intra is completely free of artificial colors, sweeteners, and fillers.

# **Supplement Facts**

Serving Size 1 Scoop (18.7g) Servings Per Container 30

† Daily Value (DV) not established

Servings Per Container 30		
		% DV*
Calories	5	
Total Carbohydrate	2 g	< 1%
Calcium (as Calcium Bisglycinate Chelate)	60 mg	5%
Magnesium (as Magnesium Bisglycinate Chelate)	25 mg	6%
Sodium (as Sodium Chloride)	100 mg	4%
Potassium (as Potassium Chloride)	75 mg	2%
EAAs	6700 mg	†
BCAA 2:1:1 (Instantized)	5000 mg	t
L-Lysine HCI	1065 mg	†
L-Threonine	500 mg	†
L-Phenylalanine	50 mg	†
L-Histidine	50 mg	†
L-Tryptophan	30 mg	†
L-Methionine	5 mg	†
Citrulline Malate 2:1	2000 mg	t
Taurine	2000 mg	t
BetaPure™ Betaine Anhydrous	1250 mg	†
L-Tyrosine	1000 mg	†
Coconut Water Powder	1000 mg	†
elevATP® (Ancient Peat, Apple Extract)	150 mg	t
AstraGin® [Astragalus membranaceus Extract(root) & Panax notoginseng Extract(root)]	25 mg	t
* Percent Daily Values (DV) are based on a 2000 calorie diet		*

- Strawberry Lemonade
- Blue Raspberry



# **POST WORKOUT**

Transparent Labs Post-Workout is formulated with clinical doses of science-based ingredients, including Betapure™, Vitacherry®, Astragin™, Beta-Alanine, L-Glutamine, and L-Carnitine L-Tartrate.

These ingredients work synergistically to bolster nitric oxide (NO) production, reduce delayed-onset muscle soreness (DOMS), facilitate muscle protein synthesis, enhance insulin sensitivity in muscle tissue, and augment gut health so your body is primed for recovery and muscle growth.

#### **Supplement Facts** Serving Size 1 Scoop (15.7g) Servings Per Container 30 Amount Per Scoop (15.7g) %DV L-Glutamine 5000 mg Betaine Anhydrous (as Betapure™) 2500 mg L-Carnitine L-Tartrate 2000 mg Beta-Alanine 2000 mg Tart Cherry Powder (as VitaCherry®) 500 mg Astragin™ 25 mg † Daily Value (DV) not established

- Strawberry Lemonade
- Black Cherry
- Orange



#### **BCAA GLUTAMINE**

CoreSeries BCAA Glutamine, as with all Transparent Labs products, was created to be the best BCAA "repair and recovery" supplement available.

The active ingredients, all backed by clinical research, are included at clinically effective dosages associated with published scientific research, and contain zero colored dyes, unnecessary fillers, or harmful additives.

With 100% formula transparency and a potent recovery matrix (Leucine, Isoleucine, Valine, Glutamine, and Coconut Water Extract), CoreSeries BCAA Glutamine is most effective for men and women serious about stimulating protein synthesis, reducing fatigue, improving immune function, increasing muscle growth, and more.

#### **Supplement Facts** Serving Size: 1 Scoop (19.65g) Servings Per Container: 30 **Amount Per Serving** % DV Calories 10 Total Carbohydrate 2g 1% Vitamin C (as Ascorbic Acid) 1,535mg 1,700% Fermented Vegan BCAA 2:1:1 L-Leucine 4,000mg L-Isoleucine 2,000mg L-Valine 2,000mg L-Glutamine 5,000mg Coconut Water Powder 1,000mg \* Daily Value not established.

Other Ingredients: Citric Acid (2,000mg), Natural Flavor (1,600mg), Stevia (515mg)

TROPICAL PUNCH:
Other Ingredients: Malic acid (1,200mg), natural flavor (1,000mg), citric acid (600mg), stevia (515mg), calcium silicate (257.5mg), silicon dioxide (257.5mg), beet root powder (for color) (50mg), beta carotene (for color) (20mg)

- Tropical Punch
- Strawberry Lemonade
- Orange
- Blue Raspberry



# **KRILL OIL**

CoreSeries Krill Oil is an elite health supplement extracted exclusively from an Antarctic krill species (Euphausia Superba) rich in the long-chain omega-3 fatty acids EPA and DHA. Krill oil is attached to phospholipids, instead of triglycerides (like in fish oil), permitting them to be better recognized by the body and gentler on the stomach, allowing for better assimilation into the cells.

CoreSeries Krill Oil is perfect for anyone looking for a truly superior source of nutrition that is naturally low in accumulated contaminants.

- Superior EPA & DHA Levels
- Easy to Digest No Reflux or "Fishy" Aftertaste
- Supports Brain, Heart & Joint Health
- Includes Powerful Antioxidant Astaxanthin
- Highest Purity No Mercury

Serving Size: 2 Liquid Softgels Servings Per Container: 30		
Amount Per Serving		% D\
Calories	10	
Calories from Fat	10	
Total Fat	1g	2%
Superba™ Krill Oil	1,000mg	-
Phospholipids	400mg	9
Omega-3 Fatty Acids	220mg	3
EPA (eicosapentaenoic acid)	120mg	
DHA (docosahexaenoic acid)	55mg	
Astaxanthin (from krill oil)	80mcg	

Other Ingredients: Softgel Capsule (gelatin, sorbitol, glycerol, purified water, natural vanilla flavor).

Allergen Warning: Contains Shellfish (Krill).



\$29.99 MSRP

#### **HYDRATE**

In addition to drinking plenty of water, supplementing with Transparent Labs Hydrate helps rapidly replenish electrolytes and hydrate the body before, during, and after exercise

This electrolyte supplement is not your typical "sports beverage" that's loaded with cheap sugars, artificial coloring, and artificial sweeteners. Instead, we carefully crafted Transparent Labs Hydrate with a comprehensive profile of bioavailable minerals like taurine to keep you performing at peak capacity for hours on end.

These ingredients work synergistically to support optimal hydration status and electrolyte balance, both of which are imperative for sustaining muscle contractility, endurance, recovery, and cell volumization. Best of all, this electrolyte formula is naturally sweetened with stevia and won't cause stomach cramps or digestive issues like many sugar-laden sports drinks do.

# **Supplement Facts**

Amount Per Serving		%DV
Calcium (as Calcium Bisglycinate Chelate (TRAACS®), Di-Calcium Phosphate)	84 mg	6%
Magnesium (as Aquamin™ Mg)	50 mg	12%
Sodium (as Sodium Citrate, Himalayan Rock Salt)	500 mg	22%
Potassium (as Potassium Citrate, Potassium Chloride, Organic Coconut Water)	250 mg	5%
Taurine	1000 mg	*
Organic Coconut Water Powder	500 mg	*
Senactiv ™ (Panax notoginseng, Rosa roxburghii)	50 mg	*

Other ingredients: Citric Acid, Malic Acid, Natural Flavors, Stevia Extract, Silicon Dioxide, Calcium Silicate, Beet Root Powder (for color), Beta Carotene (for color).

Contains: Tree Nuts.

TRAACS®

Traacs® is a registered trademark of Albion Laboratories, INC. U.S.

- Tropical Punch
- · Peach Mango



# **WELLNESS**SERIES



#### \$54.99 MSRP

# **JOINT SUPPORT**

We've taken the initiative to create one of the industry's most comprehensive joint supplements, made exclusively with five of the best clinically-studied ingredients for promoting healthy joint integrity, easing inflammation, and fighting oxidative stress. This innovative joint support formula packs evidence-based doses of:

- Patented Curcumin C3 Complex®
- FruiteX-B®
- Boswellin® Super
- UC-II® Collagen
- Bioperine®

By utilizing these standardized and stringently tested ingredients, Transparent Labs Joint Support can help protect, rebuild, and revitalize joints so you can get back to the exercises/activities you love.

Supplement I	Fac	ts
Serving Size 2 Capsules		
Servings Per Container 30		
Amount Per 2 Capsules		%DV
Curcumin C3 Complex® (Curcuma longa)	500 mg	†
Calcium Fructoborate (FruiteX-B®)	110 mg	+
BOSWELLIN® SUPER (Boswellia serrata extract)	75 mg	†
UC-II® Standardized Chicken Collagen	40 mg	1
Bioperine® (Black Pepper (Fruit) Extract)	10 mg	†
† Daily Value (DV) not established		



# **PREBIOTIC GREENS**

Transparent Labs Prebiotic Greens isn't your average greens drink. In our nutritious, fiber-packed, gut-flora friendly greens drink – you're going to find some of the most mineral dense veggies on earth.

Each serving of Prebiotic Greens contains 3 grams of ultra-nutrient rich spirulina and 3 grams chlorella to deliver vitamins, minerals, protein, and heavy-metal detoxification. Additionally, each serving of prebiotic greens contains 3 grams organic acacia fiber, 3 grams organic green banana flour, and 1 gram organic Jerusalem artichoke fiber which together provide gut-healthy and gluten free soluble, un-soluble, and slow fermenting fibers.

Maximize nutrient utilization by optimizing your often-overlooked microbiome and consequently affecting all aspects of digestion and wellbeing.

Amount Per Serving	% Daily V	alue †
Calories	60	
Sodium	75mg	3%
Total Carbohydrates	11g	4%
Dietary Fiber	4g	16%
Total Sugars	<1g	
Protein	3g	6%
Calcium	65mg	8%
Iron	2mg	11%
Potassium	107mg	4%
Spirulina Broken Cell	3,000mg	,
Organic Chlorella (Broken Cell)	3,000mg	,
Organic Acacia Fiber	3,000mg	
Organic Green Banana Flour (Zuvii)	3,000mg	,
Organic Jerusalem Artichoke Fiber	1,000mg	,
Chicory Root	1,000mg	*

Other Ingredients: Natural Flavor (1,475mg), Malic Acid (420mg), Stevia (210mg), Cinnamon (60mg)

- Peach Mango
- Naturally Flavored



# **MULTIVITAMIN**

Transparent Labs Multivitamin is an ultra-potent multivitamin for active men and women. Made with bioavailable forms of key vitamins and chelated minerals, such as Chromax® chromium picolinate, magnesium bisglycinate, and copper chelate, this advanced multivitamin formula ensures your body can properly absorb and utilize these essential micronutrients.

This multivitamin goes a step further by providing patented KSM-66® organic ashwagandha root extract, N-acetylcysteine (NAC), CoQ10, and boron citrate for supporting overall wellness from top to bottom. Transparent Labs Multivitamin is also an iron-free formula and gentle on the stomach.

Supp	lement	<b>Facts</b>
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Serving Size 4 Capsules Servings Per Container 3

Vitamin C (as Ascorbic Acid)         100 mg         1119           Vitamin D (as Cholecalciferol)         62 mcg (2500 IU)         3139           Vitamin K (as Phytonadione, Menaquinone)         500 mcg         4179           Vitamin B1 (as Thiamin Mononitrate)         20 mg         16679           Vitamin B6 (as Pyridoxine HCl)         25 mg         14719           Vitamin B12 (as Methylcobalamin)         200 mcg         83339           Biotin         200 mcg         6679           Vitamin B5 (as D-Calcium Pantothenate)         50 mg         10009           Iodine (as Potassium Iodide)         100 mcg         679           Magnesium (as Magnesium Bisglycinate Chelate)         300 mg         719           Zinc (as Zinc Citrate)         15 mg         1369           Selenium (as L-Selenomethionine)         40 mcg         739           Copper (as Copper Chelate)         0.3 mg         339           Manganese (as Manganese Amino Acid Chelate)         1.3 mg         579           Chromium (as Chromax® Chromax® Chromium Picolinate)         67 mcg         1939           Sodium (as Sodium Chloride, Potassium Chloride)         288 mg         139           Sodium (as Sodium Chloride)         150 mg         39           Organic Ashwagandha Extract (KSM-66®)	Servings Per Container 30		
Vitamin C (as Ascorbic Acid)         100 mg         1119           Vitamin D (as Cholecalciferol)         62 mcg (2500 IU)         3139           Vitamin K (as Phytonadione, Menaquinone)         500 mcg         4179           Vitamin B1 (as Thiamin Mononitrate)         20 mg         16679           Vitamin B6 (as Pyridoxine HCl)         25 mg         14719           Vitamin B12 (as Methylcobalamin)         200 mcg         83339           Biotin         200 mcg         6679           Vitamin B5 (as D-Calcium Pantothenate)         50 mg         10009           Iodine (as Potassium Iodide)         100 mcg         679           Magnesium (as Magnesium Bisglycinate Chelate)         300 mg         719           Zinc (as Zinc Citrate)         15 mg         1369           Selenium (as L-Selenomethionine)         40 mcg         739           Copper (as Copper Chelate)         0.3 mg         339           Manganese (as Manganese Amino Acid Chelate)         1.3 mg         579           Chromium (as Chromax® Chromax® Chromium Picolinate)         67 mcg         1939           Sodium (as Sodium Chloride, Potassium Chloride)         288 mg         139           Sodium (as Sodium Chloride)         150 mg         39           Organic Ashwagandha Extract (KSM-66®)	Amount Per 4 Capsules		%DV
Vitamin D (as Cholecalciferol)         62 mcg (2500 IU)         3139           Vitamin K (as Phytonadione, Menaquinone)         500 mcg         4179           Vitamin B1 (as Thiamin Mononitrate)         20 mg         16679           Vitamin B6 (as Pyridoxine HCl)         25 mg         14719           Vitamin B12 (as Methylcobalamin)         200 mcg         6679           Vitamin B12 (as Methylcobalamin)         200 mcg         6679           Vitamin B5 (as D-Calcium Pantothenate)         50 mg         10009           Iodine (as Potassium Iodide)         100 mcg         679           Magnesium (as Magnesium Bisglycinate Chelate)         300 mg         719           Zinc (as Zinc Citrate)         15 mg         1369           Selenium (as L-Selenomethionine)         40 mcg         739           Selenium (as L-Selenomethionine)         0.3 mg         339           Manganese (as Manganese Amino Acid Chelate)         1.3 mg         579           Chromium (as Chromax® Chromium Picolinate)         67 mcg         1939           Chloride (as Sodium Chloride, Potassium Chloride)         288 mg         139           Sodium (as Sodium Chloride)         150 mg         39           Organic Ashwagandha Extract (KSM-66®)         (Withania somnifera) (Root)         300 mg	Vitamin A (as Beta Carotene)	1204 mcg	134%
Vitamin K (as Phytonadione, Menaquinone)         500 mcg         4179           Vitamin B1 (as Thiamin Mononitrate)         20 mg         16679           Vitamin B6 (as Pyridoxine HCl)         25 mg         14719           Vitamin B12 (as Methylcobalamin)         200 mcg         6679           Vitamin B12 (as Methylcobalamin)         200 mcg         6679           Vitamin B5 (as D-Calcium Pantothenate)         50 mg         1000           Iodine (as Potassium Iodide)         100 mcg         679           Magnesium (as Magnesium Bisglycinate Chelate)         300 mg         719           Zinc (as Zinc Citrate)         15 mg         1360           Selenium (as L-Selenomethionine)         40 mcg         739           Copper (as Copper Chelate)         0.3 mg         339           Manganese (as Manganese Amino Acid Chelate)         1.3 mg         579           Chromium (as Chromax® Chromium Picolinate)         67 mcg         1939           Chloride (as Sodium Chloride, Potassium Chloride)         288 mg         139           Sodium (as Sodium Chloride)         150 mg         30           Organic Ashwagandha Extract (KSM-66®)         (Withania somnifera) (Root)         300 mg           N-Acetyl Cysteine         300 mg         100 mg           Boron (as Boron Ci	Vitamin C (as Ascorbic Acid)	100 mg	111%
Vitamin B1 (as Thiamin Mononitrate)         20 mg         16679           Vitamin B6 (as Pyridoxine HCl)         25 mg         14719           Vitamin B12 (as Methylcobalamin)         200 mcg         83339           Biotin         200 mcg         6679           Vitamin B5 (as D-Calcium Pantothenate)         50 mg         10000           Iodine (as Potassium Iodide)         100 mcg         679           Magnesium (as Magnesium Bisglycinate Chelate)         300 mg         719           Zinc (as Zinc Citrate)         15 mg         1369           Selenium (as L-Selenomethionine)         40 mcg         739           Copper (as Copper Chelate)         0.3 mg         339           Manganese (as Manganese Amino Acid Chelate)         1.3 mg         579           Chromium (as Chromax® Chromium Picolinate)         67 mcg         1939           Chloride (as Sodium Chloride, Potassium Chloride)         288 mg         139           Sodium (as Sodium Chloride)         150 mg         39           Organic Ashwagandha Extract (KSM-66®)         (Withania somnifera) (Root)         300 mg           N-Acetyl Cysteine         300 mg         100 mg           Boron (as Boron Citrate)         1 mg	Vitamin D (as Cholecalciferol)	62 mcg (2500 IU)	313%
Vitamin B6 (as Pyridoxine HCl)         25 mg         14719           Vitamin B12 (as Methylcobalamin)         200 mcg         83339           Blotin         200 mcg         6679           Vitamin B5 (as D-Calcium Pantothenate)         50 mg         1000mcg           Iodine (as Potassium Iodide)         100 mcg         679           Magnesium (as Magnesium Bisglycinate Chelate)         300 mg         719           Zinc (as Zinc Citrate)         15 mg         1369           Selenium (as L-Selenomethionine)         40 mcg         739           Copper (as Copper Chelate)         0.3 mg         339           Manganese (as Manganese Amino Acid Chelate)         1.3 mg         579           Chromium (as Chromax® Chromaium Picolinate)         67 mcg         1939           Chloride (as Sodium Chloride, Potassium Chloride)         288 mg         139           Sodium (as Sodium Chloride)         100 mg         49           Potassium (as Potassium Chloride)         150 mg         30           Organic Ashwagandha Extract (KSM-66®)         (Withania somnifera) (Root)         300 mg           N-Acetyl Cysteine         300 mg         300 mg           Coenzyme Q10         100 mg         100 mg	Vitamin K (as Phytonadione, Menaquinone)	500 mcg	417%
Vitamin B12 (as Methylcobalamin)         200 mcg         83339           Biotin         200 mcg         6679           Vitamin B5 (as D-Calcium Pantothenate)         50 mg         1000mcg           Lodine (as Potassium Iodide)         100 mcg         679           Magnesium (as Magnesium Bisglycinate Chelate)         300 mg         719           Zinc (as Zinc Citrate)         15 mg         1369           Selenium (as L-Selenomethionine)         40 mcg         739           Copper (as Copper Chelate)         0.3 mg         339           Manganese (as Manganese Amino Acid Chelate)         1.3 mg         579           Chromium (as Chromax® Chromium Picolinate)         67 mcg         1939           Chloride (as Sodium Chloride, Potassium Chloride)         288 mg         139           Sodium (as Sodium Chloride)         100 mg         49           Potassium (as Potassium Chloride)         150 mg         39           Organic Ashwagandha Extract (KSM-66®)         (Withania somnifera) (Root)         300 mg           N-Acetyl Cysteine         300 mg         100 mg           Boron (as Boron Citrate)         1 mg	Vitamin B1 (as Thiamin Mononitrate)	20 mg	1667%
Biotin         200 mcg         6679           Vitamin B5 (as D-Calcium Pantothenate)         50 mg         1000%           Iodine (as Potassium Iodide)         100 mcg         679           Magnesium (as Magnesium Bisglycinate Chelate)         300 mg         719           Zinc (as Zinc Citrate)         15 mg         1369           Selenium (as L-Selenomethionine)         40 mcg         739           Copper (as Copper Chelate)         0.3 mg         339           Manganese (as Manganese Amino Acid Chelate)         1.3 mg         579           Chromium (as Chromax® Chromium Picolinate)         67 mcg         1939           Chloride (as Sodium Chloride, Potassium Chloride)         288 mg         139           Sodium (as Sodium Chloride)         100 mg         49           Potassium (as Potassium Chloride)         150 mg         39           Organic Ashwagandha Extract (KSM-66®)         (Withania somnifera) (Root)         300 mg           N-Acetyl Cysteine         300 mg         100 mg           Boron (as Boron Citrate)         1 mg	Vitamin B6 (as Pyridoxine HCI)	25 mg	1471%
Vitamin B5 (as D-Calcium Pantothenate)         50 mg         1000%           lodine (as Potassium lodide)         100 mcg         67%           Magnesium (as Magnesium Bisglycinate Chelate)         300 mg         719           Zinc (as Zinc Citrate)         15 mg         136%           Selenium (as L-Selenomethionine)         40 mcg         73%           Selenium (as Copper Chelate)         0.3 mg         33%           Manganese (as Manganese Amino Acid Chelate)         1.3 mg         57%           Chromium (as Chromax® Chromium Picolinate)         67 mcg         193%           Chloride (as Sodium Chloride, Potassium Chloride)         288 mg         13%           Sodium (as Sodium Chloride)         100 mg         49           Potassium (as Potassium Chloride)         150 mg         3%           Organic Ashwagandha Extract (KSM-66®)         (Withania somnifera) (Root)         300 mg           N-Acetyl Cysteine         300 mg         100 mg           Boron (as Boron Citrate)         1 mg	Vitamin B12 (as Methylcobalamin)	200 mcg	8333%
Iodine (as Potassium Iodide)         100 mcg         679           Magnesium (as Magnesium Bisglycinate Chelate)         300 mg         719           Zinc (as Zinc Citrate)         15 mg         1369           Selenium (as L-Selenomethionine)         40 mcg         739           Copper (as Copper Chelate)         0.3 mg         339           Manganese (as Manganese Amino Acid Chelate)         1.3 mg         579           Chromium (as Chromax® Chromium Picolinate)         67 mcg         1939           Chloride (as Sodium Chloride, Potassium Chloride)         288 mg         139           Sodium (as Sodium Chloride)         100 mg         49           Potassium (as Potassium Chloride)         150 mg         39           Organic Ashwagandha Extract (KSM-66®)         (Withania somnifera) (Root)         300 mg           N-Acetyl Cysteine         300 mg         100 mg           Boron (as Boron Citrate)         1 mg	Biotin	200 mcg	667%
Magnesium (as Magnesium Bisglycinate Chelate)         300 mg         719           Zinc (as Zinc Citrate)         15 mg         1369           Selenium (as L-Selenomethionine)         40 mcg         739           Copper (as Copper Chelate)         0.3 mg         339           Manganese (as Manganese Amino Acid Chelate)         1.3 mg         579           Chromium (as Chromax® Chromium Picolinate)         67 mcg         1939           Chloride (as Sodium Chloride, Potassium Chloride)         288 mg         139           Sodium (as Sodium Chloride)         100 mg         49           Potassium (as Potassium Chloride)         150 mg         39           Organic Ashwagandha Extract (KSM-66®)         (Withania somnifera) (Root)         300 mg           N-Acetyl Cysteine         300 mg         300 mg           Coenzyme Q10         100 mg         100 mg           Boron (as Boron Citrate)         1 mg	Vitamin B5 (as D-Calcium Pantothenate)		1000%
Zinc (as Zinc Citrate)         15 mg         1369           Selenium (as L-Selenomethionine)         40 mcg         739           Copper (as Copper Chelate)         0.3 mg         339           Manganese (as Manganese Amino Acid Chelate)         1.3 mg         579           Chromium (as Chromax® Chromium Picolinate)         67 mcg         1939           Chloride (as Sodium Chloride, Potassium Chloride)         288 mg         139           Sodium (as Sodium Chloride)         100 mg         49           Potassium (as Potassium Chloride)         150 mg         39           Organic Ashwagandha Extract (KSM-66®)         (Withania somnifera) (Root)         300 mg           N-Acetyl Cysteine         300 mg         300 mg           Coenzyme Q10         100 mg           Boron (as Boron Citrate)         1 mg			67%
Selenium (as L-Selenomethionine)         40 mcg         73°           Copper (as Copper Chelate)         0.3 mg         33°           Manganese (as Manganese Amino Acid Chelate)         1.3 mg         57°           Chromium (as Chromax® Chromium Picolinate)         67 mcg         193°           Chloride (as Sodium Chloride, Potassium Chloride)         288 mg         13°           Sodium (as Sodium Chloride)         100 mg         4°           Potassium (as Potassium Chloride)         150 mg         3°           Organic Ashwagandha Extract (KSM-66®)         (Withania somnifera) (Root)         300 mg           N-Acetyl Cysteine         300 mg         100 mg           Boron (as Boron Citrate)         1 mg	Magnesium (as Magnesium Bisglycinate Chelate)		71%
Copper (as Copper Chelate)         0.3 mg         339           Manganese (as Manganese Amino Acid Chelate)         1.3 mg         579           Chromium (as Chromax® Chromium Picolinate)         67 mcg         1939           Chloride (as Sodium Chloride, Potassium Chloride)         288 mg         139           Sodium (as Sodium Chloride)         100 mg         49           Potassium (as Potassium Chloride)         150 mg         39           Organic Ashwagandha Extract (KSM-66®)         (Withania somnifera) (Root)         300 mg           N-Acetyl Cysteine         300 mg         300 mg           Coenzyme Q10         100 mg           Boron (as Boron Citrate)         1 mg			136%
Manganese (as Manganese Amino Acid Chelate)         1.3 mg         579           Chromium (as Chromax® Chromium Picolinate)         67 mcg         1939           Chloride (as Sodium Chloride, Potassium Chloride)         288 mg         139           Sodium (as Sodium Chloride)         100 mg         49           Potassium (as Potassium Chloride)         150 mg         39           Organic Ashwagandha Extract (KSM-66®)         (Withania somnifera) (Root)         300 mg           N-Acetyl Cysteine         300 mg         300 mg           Coenzyme Q10         100 mg           Boron (as Boron Citrate)         1 mg			73%
Chromium (as Chromax® Chromium Picolinate)         67 mcg         1939           Chloride (as Sodium Chloride, Potassium Chloride)         288 mg         139           Sodium (as Sodium Chloride)         100 mg         49           Potassium (as Potassium Chloride)         150 mg         39           Organic Ashwagandha Extract (KSM-66®)         (Withania somnifera) (Root)         300 mg           N-Acetyl Cysteine         300 mg         300 mg           Coenzyme Q10         100 mg           Boron (as Boron Citrate)         1 mg			33%
Chloride (as Sodium Chloride, Potassium Chloride)         288 mg         139           Sodium (as Sodium Chloride)         100 mg         49           Potassium (as Potassium Chloride)         150 mg         39           Organic Ashwagandha Extract (KSM-66®)         300 mg         300 mg           (Withania somnifera) (Root)         300 mg         300 mg           N-Acetyl Cysteine         300 mg         100 mg           Boron (as Boron Citrate)         1 mg			57%
Sodium (as Sodium Chloride)         100 mg         49           Potassium (as Potassium Chloride)         150 mg         39           Organic Ashwagandha Extract (KSM-66®)         (Withania somnifera) (Root)         300 mg           N-Acetyl Cysteine         300 mg         300 mg           Coenzyme Q10         100 mg           Boron (as Boron Citrate)         1 mg			193%
Potassium (as Potassium Chloride)         150 mg         39           Organic Ashwagandha Extract (KSM-66®)         (Withania somnifera) (Root)         300 mg           N-Acetyl Cysteine         300 mg           Coenzyme Q10         100 mg           Boron (as Boron Citrate)         1 mg		0	13%
Organic Ashwagandha Extract (KSM-66®)         300 mg           (Withania somnifera) (Root)         300 mg           N-Acetyl Cysteine         300 mg           Coenzyme Q10         100 mg           Boron (as Boron Citrate)         1 mg		•	4%
(Withania somnifera) (Root)         300 mg           N-Acetyl Cysteine         300 mg           Coenzyme Q10         100 mg           Boron (as Boron Citrate)         1 mg	Potassium (as Potassium Chloride)	150 mg	3%
(Withania somnifera) (Root)         300 mg           N-Acetyl Cysteine         300 mg           Coenzyme Q10         100 mg           Boron (as Boron Citrate)         1 mg	Organic Ashwagandha Extract (KSM-66®)		
N-Acetyl Cysteine         300 mg           Coenzyme Q10         100 mg           Boron (as Boron Citrate)         1 mg		300 mg	t
Coenzyme Q10 100 mg Boron (as Boron Citrate) 1 mg			÷
Boron (as Boron Citrate) 1 mg			Ť
			Ť
† Daily Value (DV) not established	† Daily Value (DV) not established	Ŭ	



#### \$29.99 MSRP

# **SLEEP AND RECOVER**

Sleep is essential for health, longevity, and performance. In fact, sleep is when the body does the majority of its muscle building and recovery. if you want to maximize your results in the gym, you need quality sleep each and every night, which is precisely what Transparent Labs Sleep Aid helps you achieve.

This non-habit-forming sleep aid features clinical doses of proven ingredients, such as VitaCherry®, L-theanine, bioavailable minerals, L-glycine, rutaecarpine, and melatonin. This formula is designed with synergy in mind, allowing you to repair, recover, and grow while you're catching some Z's. Best of all, Transparent Labs Sleep Aid won't leave you feeling groggy or "hungover" the next morning.

Supplement Serving Size: 4 Capsules Servings Per Container: 30	Fac	ets
Amount Per 4 Capsules	† Daily Va	alue (DV)
Vitamin B <sub>e</sub> (as Pyridoxal-5-Phosphate)	10 mg	588%
Magnesium (as Magnesium Bisglycinate Chelate)	200 mg	48%
Zinc (as Zinc Citrate)	15 mg	136%
L-Glycine	1000 mg	†
Tart Cherry (as VitaCherry®)	500 mg	†
L-Theanine	200 mg	†
Rutaecarpine	100 mg	†
Microactive® Melatonin	1.5 mg	†
Melatonin	500 mcg	†
† Daily Value (DV) not established		

Other ingredients: Hypromellose (HPMC) Capsule, Vegetable Magnesium Stearate, L-Leucine.



#### **ORGANIC MUSHROOM STACK**

Medicinal mushrooms are a culinary delicacy in various cultures, but they remain a nutritional oversight in the modern Western diet (likely due to their cost). Needless to say, there's considerable untapped potential if you don't regularly consume them. This is why we formulated Transparent Labs Mushroom Stack with organic reishi, lion's mane, and Cordyceps sinensis – three of the most promising medicinal mushrooms on the planet.

The mushrooms in TL Mushroom Stack are packed with bioactive constituents that promote overall health and longevity through diverse mechanisms across multiple body systems, especially the immune, gastrointestinal, and nervous systems. These prized fungal species have an immense and ever-growing body of clinical evidence behind them, reinforcing their use as traditional medicines throughout human history.

Serving Size 3 Capsules Servings Per Container 30	500000000000000000000000000000000000000	
	Amount per serving	%D\
Calories	5	
Total Carbohydrate	1 g	< 1%
Organic Lion's Mane (Hericium erinaceus) (Fruit)	1000 mg	*
Organic Cordyceps Prime™ (Cordyceps Sinensis)	500 mg	*
Organic Reishi Mushroom (Ganoderma lucidum) (Fruit)	500 mg	*

Other Ingredients: Hypromellose (HPMC)

Capsule, Vegetable Magnesium Stearate, Rice Flour.

**CordycepsPRIME** CordycepsPrime™ is a registered trademark of NuLiv Science USA Inc.



**PHYSIQUE**SERIES



#### \$54.99 MSRP

#### **FAT BURNER STIM-FREE**

PhysiqueSeries Fat Burner Stim-Free is a powerful, safe, and effective stimulant-free fat burner with a science-based formula designed to burn fat, control hunger cravings, and enhance metabolic support.

With a unique combination of clean and natural fat burning ingredients, PhysiqueSeries Fat Burner Stim-Free is perfect for anyone intolerant to stimulants looking to optimize their fat loss efforts.

- 100% Transparent Formula
- 6 Science-Based Ingredients
- Clinically-Effective Dosages
- Zero Fillers or Harmful Additives
- Clear Veggie Capsules

### **Supplement Facts**

Serving Size: 2 Capsules Servings Per Container: 60

Amount per serving
300 mg*
250 mg*
50 mg*
50 mg*

Other ingredients: Rice flour, Hypromellose (HPMC) Capsule, Olive Oil



#### **PHYSIQUE**SERIES

#### **FAT BURNER**

With 100% formula transparency, 9 science-based ingredients at clinically-effective doses, and zero fillers or harmful additives, PhysiqueSeries Fat Burner combines clean and safe fat loss with the convenience of easy-to-swallow veggie capsules. We feel comfortable in saying PhysiqueSeries Fat Burner is the best fat burner available.

If you're looking to lose weight fast, maintain muscle, and build your ideal physique, we've created PhysiqueSeries Fat Burner for you.

- PhysiqueSeries Fat Burner is perfect for:
- Science-based fat loss
- Increased basal metabolic rate
- Increased clean energy and focus
- Reduced hunger and cravings

<b>Supplement Facts</b>	Supp	lement	<b>Facts</b>
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Serving Size: 2 Capsules Servings Per Container: 60

Amount Per Softgel	Amount per serving
Green Tea Leaf Extract (98% Polyphenols, 50% EGCG)	300 mg*
ForsLean® (Coleus Forskohlii 10%)	250 mg*
Natural Caffeine (from Green Coffee Bean)	125 mg*
L-Theanine	125 mg*
Capsimax® (Red Pepper (fruit) Extract)	50 mg*
Bioperine® (Black Pepper (Fruit) Extract)	5 mg*
*Daily Value not established.	

Other ingredients: Rice Flour, Hypromellose (HPMC) Capsule, Olive Oil.



#### \$64.99 MSRP

### **GDA - GLUCOSE DISPOSAL AGENT**

Transparent Labs GDA (glucose disposal agent) contains preeminent insulinotropic ingredients, such as Promilin®, GlucoVantage®, Cinnulin PF® and R-alpha lipoic acid. These insulin-sensitizing ingredients work synergistically to amplify insulin signaling at muscle cells, thereby promoting the actions of glucose transporter proteins (specifically GLUT4) which bind to muscle cell membranes and transport glucose from the bloodstream into the cell. This results in an optimal anabolic environment for muscle building while depriving fat cells of glucose and preventing excess fat storage.

- · Clinically dosed glucose disposal agent
- · Selective nutrient partitioning for body recomposition
- Use with meals containing carbs to promote muscle fullness and volumization

Serving Size: 2 Capsules Servings Per Container: 30		
Amount pe	r serving	% DV
Biotin	30 mcg	100%
Promilin® (Fenugreek (seed) Extract) (Standardized to 20% 4-Hydroxyisoleucine)	500 mg	**
Cinnulin PF® (Cinnamon (bark) Extract) (Cinnamomum cassia)	250 mg	**
Dihydroberberine (as GlucoVantage®)	150 mg	**
R-Alpha Lipoic Acid	100 mg	**

Other ingredients: Rice Flour, Hypromellose (Cellulose) Capsule, Vegetable Magnesium Stearate.



Cinnulin PF Cinnulin PF is a trademark of IN Ingredients

GlucoVantage® is a registered trademark of NNB Nutrition



Promilin® is a registered trademark owned by TSI Group Ltd Corp.



## **MIND**SERIES



### **NOOTROPIC**

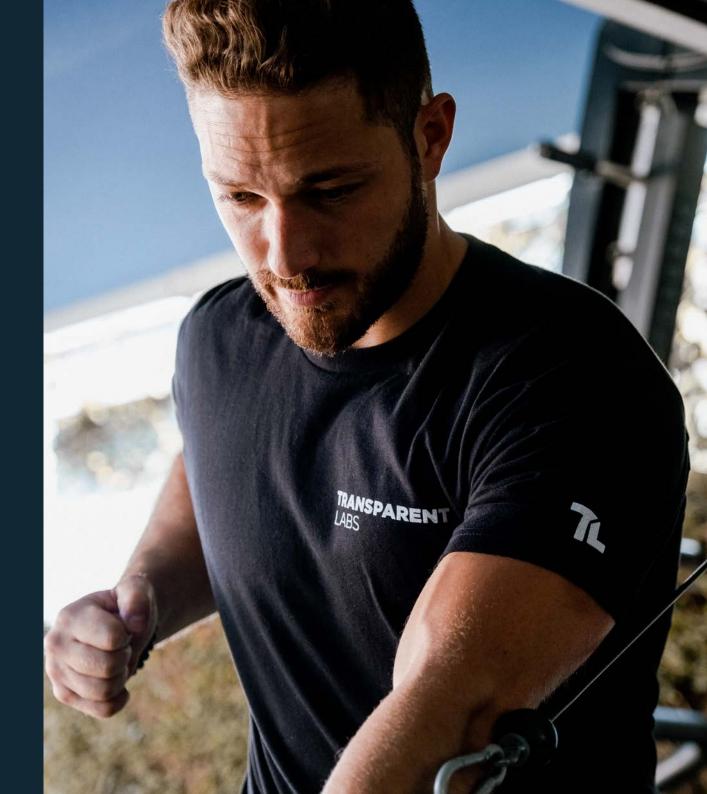
Transparent Labs Nootropic Capsules are the ultimate mental performance-enhancing supplement. We meticulously formulated this nootropic supplement with proven ingredients such as Cognizin®, SerinAid®, and NeuroFactor™ that work synergistically to fortify your mental performance, support healthy mood, and enhance resilience to stress.

TL Nootropic Capsules feature just the right amount of caffeine so you don't feel overstimulated or jittery. Experience an unparalleled increase in mental acuity, cognitive function, focus, and motivation starting from the very first dose.

Supplement Serving Size 2 Capsules Servings Per Container 30	Fac	ts
Amount Per 2 Capsules		%DV
SerinAid® (20% Phosphatidylserine)	400 mg	†
Cognizin® Citicoline	300 mg	+
L-Theanine	200 mg	+
Caffeine Anhydrous	100 mg	+
Neurofactor™ Whole Coffee Fruit Extract		
(Coffea arabica)	100 mg	†
Huperzine A	100 mcg	†
† Daily Value (DV) not established		



# **GUTHEALTH**SERIES



#### **GUT HEALTH PROBIOTIC**

Transparent Labs Gut Health Series Probiotic is one of the most comprehensive and robust probiotic supplements on the market. This probiotic is engineered with 10 clinically studied strains of "friendly" microbial organisms known as probiotics.

These specific strains of Lactobacilli, Bifidobacteria, and Streptococci are reputed for their ability to promote a healthy gut microbiome, which is often referred to as the "second brain" by scientists. The gut microbiome is known to play a myriad of roles in our health and longevity by regulating immune response, endocrine balance, digestion, bowel regularity, cognitive function, and even body weight.

For optimal compatibility with healthy lifestyles, Transparent Labs Gut Health Series Probiotic is gluten-free, non-GMO, and vegan.

## **Supplement Facts**

Serving Size: 2 Capsules Servings Per Container: 30

Amount per Serving	% DV
Probiotic Blend (100 Billion CFU)	1000 mg
Lactobacillus acidophilus (LA-14)	25 Billion CFU*
Lactobacillus rhamnosus. (LR-32)	15 Billion CFU*
Lactobacillus casei (LC-11)	10 Billion CFU*
Lactobacillus plantarum (LLP-115)	10 Billion CFU*
Lactobacillus paracasei (LPC-37)	10 Billion CFU*
Bifidobacterium lactis (BL-04)	10 Billion CFU*
Lactobacillus salivarius (LS-33)	5 Billion CFU*
Streptococcus Thermophilus (ST-21)	5 Billion CFU*
Bifidobacterium bifidum (BB-02)	5 Billion CFU*
Bifidobacterium breve (BB-03)	5 Billion CFU*

\*\* At time of manufacture. Guaranteed to maintain an effective potency until date of expiration.

Other ingredients: Inulin Fructooligosaccharide (FOS)

Other ingredients: Inulin Fructooligosaccharide (FOS Powder (100 mg), Non-GMO Maltodextrin (Carrier), Hypromellose (HPMC) capsule.





#### **CURCUMIN C3**

RawSeries Curcumin C3® Complex is a clinically studied herbal extract obtained from the dried rhizomes of Cucruma longa (turmeric) and standardized to contain 95% bioactive curcumin, bisdemethoxycurcumin, and demethoxycurcumin – collectively referred to as curcuminoids. Clinical evidence suggests that curcuminoids have ubiquitous roles in the body, affecting vital biological processes such as:

- immune function
- detoxification
- metabolism
- stress response
- neuroplasticity
- joint integrity
- digestion
- much more

## **Supplement Facts**

Serving Size: 1 Capsule Servings Per Container: 60

Amount Per Capsule	%DV
Curcumin C3 Complex® (Curcuma longa) (Rhizome) Extract	500 mg*
Bioperine® (Black Pepper (Fruit) Extract)	5 mg*
*Daily Value (DV) not established	

Other ingredients: Rice Flour, Hypromellose (HPMC) Capsule, Vegetable Magnesium Stearate.

₱BIOPERINE<sup>®</sup> BioPerine® is a registered trademark of Sabinsa Corporation



Curcumin C3 Complex® is a registered trademark of Sabinsa Corporation



\$16.99 MSRP

#### **MAGNESIUM BISGLYCINATE**

Supplementing with the mineral Magnesium is more than just wishful thinking, it's likely the most underrated supplement in the vitamin and mineral industry. Taking magnesium daily should be your strategy.

Improve your mood, prevent Genotoxicity, and prevent stress induced thyroid disease with Magnesium Bisglycinate. We recommend the highly bioavailable and non-laxative Magnesium Bisglycinate. It isn't cheap like magnesium oxide, but neither are any of the ingredients that we put into any of our products.

Supplement Serving Size: 3 Capsules Servings Per Container: 30	Fac	cts
Amount Per Serving		% DV
Magnesium (as Magnesium Bisglycinate Chelate)	300mg	71%
* Daily Value not established		

Other Ingredients: Veggie Capsule, Rice Flour, Magnesium Stearate, Silicon Dioxide



#### \$19.99 MSRP

#### VITAMIN-D3+K2

Vitamin D is more than just your average nutrient, it's a powerful hormone. One that positively affects strength, testosterone, mood, and the density of your bones.

RawSeries Vitamin D3 delivers 5,000 IU of active vitamin D. Enough to compliment the average lifestyle and get you through those cold winter months and into summer without a loss.

Here are some additional benefits of adequate vitamin D:

- Reduced risk of cardiovascular disease
- Increased testosterone
- Reduced risk of catching the cold and flu
- Muscle recovery and torque
- Reduced risk of certain types of cancers
- Bone fracture risk
- Increased strength and performance

# Supplement Facts Serving Size: 1 Capsule Servings Per Container: 120 Amount Per Serving % DV\* Vitamin D3 (as cholecalciferol) 125mcg (5,000IU) 630% Vitamin K2 (as menaquinone) 100mcg 80% \* Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other ingredients: Softgel (safflower oil, gelatin, glycerin, water, sunflower oil, titanium dioxide).



\$19.99 MSRP

#### **KSM-66 ASHWAGANDHA**

Ashwagandha (Withania somnifera) is arguably the most versatile adaptogenic herb known to man. A recent research review of preclinical and clinical trials suggests that the benefits of ashwagandha include:

- Controlling stress and anxiety
- Easing inflammation and fighting oxidative stress
- Improving mood and mental performance
- Promoting healthy metabolic, endocrine, and immune function
- Supporting sexual function

# Supplement Facts Serving Size: 1 Capsule Servings Per Container: 60 Amount per Serving % DV KSM-66® Ashwagandha Extract (Withania somnifera) (root) (min. 5% total withanolides) \* Daily Value not established.

Other ingredients: Rice Flour, Hypromellose (HPMC) Capsule, Vegetable Magnesium Stearate, Silicon Dioxide.

KSM-66 is a registered trademark of Ixoreal Biomed



#### **L-CITRULLINE**

L-Citrulline is a non-proteinogenic amino acid that was first discovered in the rind of watermelon in the early 1900s. It has a well-characterized role in the urea cycle and the synthesis of nitric oxide, the latter of which is responsible for its blood flow-promoting properties and ergogenic effects.

Supplementing with L-citrulline has been shown to significantly increase oxygen uptake, improve hemodynamics, and promote a positive nitrogen balance during intense exercise, all of which are conducive to athletic performance, recovery, strength, and muscle fullness.

In contrast to citrulline malate, the citrulline salt of malic acid, this supplement contains pure L-citrulline powder in its native amino-acid form.

## **Supplement Facts**

Serving Size: 1 Scoop (2g) Servings Per Container: 120

Amount Per Serving %DV

Fermented L-Citrulline 2000 mg\*

\* Daily Value (DV) not established.

Other ingredients: None.



\$24.99 MSRP

#### **BETAINE ANHYDROUS**

RawSeries Betaine Anhydrous (sometimes also referred to as trimethylglycine/TMG or glycine betaine) provides 1,500 mg of pure, unflavored BetaPure™ betaine anhydrous in every scoop to help propel your performance in the gym.

Betaine is an important cofactor for methylation reactions that occur in cells; in particular, it is a crucial regulator of homocysteine balance and, therefore, cardiovascular function. In recent years, betaine anhydrous has garnered a healthy amount of praise as a sports supplement due to its osmolytic (hydrating) and ergogenic properties, such as reducing fatigue and increasing anaerobic performance.

# Supplement Facts Serving Size: 1 Scoop (1.5g)

Serving Size: 1 Scoop (1.5g) Servings Per Container: 330

Amount per serving

BetaPure™ Betaine Anhydrous

1500 mg\*

\*Daily Value not established.

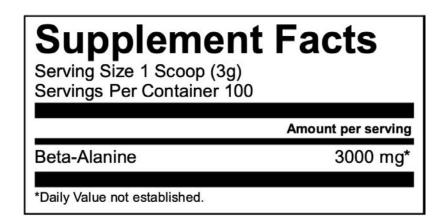
Other Ingredients: Calcium Silicate.



#### **BETA-ALANINE**

Raw Series Beta-Alanine provides 3,000 mg of pure beta-alanine per scoop. Beta-alanine is a beta-amino acid (not involved in muscle protein synthesis) and the rate-limiting factor of carnosine synthesis in the body. Carnosine is an important dipeptide—made from histidine and beta-alanine—in muscle cells that acts as a buffer in the presence of the acidic byproducts generated during intense exercise (e.g. lactic acid and hydrogen ions). Since a significant drop in muscle pH hinders further muscle contractions, supplementing with beta-alanine may help promote strength, endurance, and recovery by increasing muscle carnosine concentrations.

Beta-alanine is most commonly used as a pre-workout and post-workout supplement and can be stacked with other ergogenic aids, like creatine monohydrate. Note: Large doses of beta-alanine may cause a tingling or "pins and needles" sensation in the skin. This is a harmless side effect known as paresthesia that typically lasts for 30 minutes. It's best to split the doses into smaller portions during the first 1-2 weeks of use to reduce this effect.

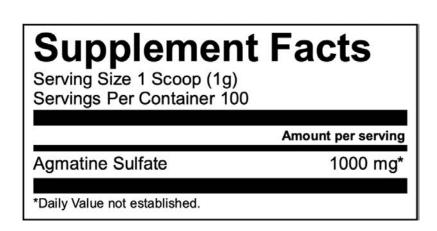




#### **AGMATINE**

Raw Series Agmatine provides 1,000 mg of pure agmatine sulfate per scoop. Agmatine is a naturally occurring metabolite of L-arginine that appears to have multifarious beneficial properties, such as neuroprotection, vasodilation, and enhanced insulin sensitivity.

Agmatine is also known to be an important neuromodulator within the central nervous system (CNS), and it may help improve mood and cognitive function.





#### \$19.99 MSRP

#### **TAURINE**

RawSeries Taurine contains 2,000 mg of pure taurine (unflavored) in every scoop. Taurine is a naturally occurring sulfonic acid not abundant in the diet. Supplementing with taurine provides cell-hydrating properties and neuroprotective/nootropic effects that are likely mediated by antioxidant mechanisms.

Taurine is also suggested to bolster endurance and strength during exercise by mitigating exercise-induced oxidative stress. As such, many gym-goers and athletes will take taurine before, during, and/or after training.

# Supplement Facts Serving Size: 1 Scoop (2g) Servings Per Container: 100 Amount per serving Taurine 2000 mg\* \*Daily Value not established.

Other Ingredients: None.





www.transparentlabs.com